

ARNSIDE BROADSHEET

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ARNSIDE BROADSHEET – Donations to the broadsheet are voluntary they are always welcome..Treasurer: Flat 14,Heathcillife Court,Redhills Road, LA50AT

ARNSIDE BROADSHEET AGM – Mon 23RD
Westmoreland Room Arnside EI – 7.30 All welcome.

THE ARNSIDE VILAGE WEBSITE – the website for the local community! Let people know about your event or activity. Email: support@arnsidevillage.co.uk

ARNSIDE HELPWAYS (07534 660 667) Requests for transport should, if poss, be made between 9.00 and 10.00 am. giving at least 24 hours' notice. Nominal charge made to cover car expenses

ARNSIDE SIGHT ADVICE SUPPORT GROUP Mon 16th
10.30 Methodist church hall. All visually impaired people welcome. Contact Tony Rees (761478)

POLICE DROP IN The local PCSO Mark Leigh, will be in Arnside Library from 10-11am on Tuesdays. New regular monthly drop in, an opportunity to raise issues.

ARNSIDE WI Hall/ room to hire, kitchen available.
(Call: Lindy Brough 761752)

ARNSIDE & ARNSIDE KNOTT W.I. (Sec.SJackson 761915) Mon 9th WI Hall 7.30 members evening.
Soup Lunch Sat 14th 12-2pm £5 inc. tea and cakes
Xmas Bingo raised £520 for hall funds. Thanks to all

ARNSIDE COUNTRY MARKET (Bev Middleton 762547)
Fri 9.30 - 11.30am WI. Home-baked cakes, preserves, fresh fish, fresh eggs, plants,seasonal vegetables, hand-made cards, gifts. Refreshments available. Free Entry.

ARNSIDE HORTICULTURAL SOCIETY – Sat 7th
Extraordinary general meeting to discuss winding up society followed by AGM. Methodist hall 2pm.(761647)

Arnside Educational Institute AGM will be held on Sat 14th at 2pm. After AGM have tea, celebrate our benefactor Joyce Nicholson with Arnside Archive exhibit (open from 1pm) and presentation outlining 20 years of her legacy.

AgeUK Seated Exercise Class, at Arnside Meth. Church, Eileen Walters (761720) Tues 9.30-10.30am, £2.00. Fri 10.30 -12noon, £2.50 with refreshments. **NB** Fri times have reverted to a 10.30 start, not 10.00am.

ARNSIDE BOWLING CLUB Bowling Green will be open on Sat 21st (weather permitting) Signing On days Sat/Sun 4th-5th April from 12- 2.New Bowlers very welcome.
Contact Sheila Fishlock (Sec.) 015395 62258

MINDS IN TUNE –Eileen (761720), Karen (762055) Activity/Support group for people with memory

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

problems, or dementia, and carers. Session at Arnside Meth Church, choice of activities, followed by refreshments, finish with some songs

BLACK SHEEP UKULELE BAND (762818) Thurs 6.30 for 7pm St James's Church £3 including refreshments. Band also available for hire.

SCRABBLE FOR FUN (Fiona Stevens 762371) EI
Wednesdays 7pm. All standards.

ARNSIDE SNOOKER CLUB (Phil Spring 761847) EI
Snooker hall is open 9am-10.30pm Mon to Fri and 9am – 5.30 Sat. Regular groups; Open Club Night – Wed 7pm; Seniors – Mon & Tue 10-12am. £1 & 20p meter.

ARNSIDE BRIDGE CLUB - (Phil Hine 761086) E.I Mon 1- 1.40pm Bridge for beginners 1.40 - 4.30pm Chicago Bridge (no partner required). Tues & Fri 6.45 for 7pm Duplicate Bridge (partners required).

ARNSIDE BADMINTON GROUP Mon 6-8pm: under 16s and adults, 8-10pm: adults only. Racquets available and shuttles provided – we are a friendly group and welcome new players. (Cath Grayson 761347)

ARNSIDE TABLE TENNIS GROUP (Neil Webster 762127, Bob Harrison 762638). EI Tues 7:30-9:30, Fri 2:00-4:00. 3 tables. Bats provided if required. Members £2, guests £3 (includes refreshments).

FITNESS DYNAMICS CLASSES (Sam Horton 07886457563) Pilates,Zumba and more

PILATES (Catherine Nixdorf 761811, 07899907424)
W.I. hall - Mondays 10.30 to 11.30 a.m.

PILATES (Joanne Holgate) Thurs 9.30-10.30 am and 6.30-7.30pm Methodist Church jhpilates361@gmail.com,
YOGA FOR ALL (Cathy Lubelska 015395 34377) Tues 10-11am, WI Hall

LAMATA DANCE CLASSES (Yvonne Kelly 781980)
E.I. Tues/Wed 4.30 -7.00pm Thurs 4.30 – 8.00pm Classes for children & adults tap, ballet, modern, & Acro. £4 lesson.

ARNSIDE STITCH IN TIME/DAYS FOR GIRLS (Anne 761800/Sheila 761317/Violet/762536) Tues 3rd & 17th 11:30am-4pm, Arnside Meth CH We make reusable kits & knits for sub-Saharan women, girls & refugees.

ARNSIDE PLAYGROUP – (Ann 07765 693564) Term Times only Arnside School Fri 9.30-11.25am. Children 2-5yrs St James Church Room Mon 9.1130 am Mother and Toddler sessions. Toddlers £2 Babies £1

ARNSIDE RBL meeting Tue 24th 2.30 WI Hall (735409)

Volunteer Gardeners, can you spare a few hours to work in Village Hall gardens? Pauline Smith, 01524 761136 or hampsfell@btinternet.com

TAI CHI CLASS Beginners and improvers Wed 10.30am – 12 Arnside WI £8 or £6 for 1 hour. **Charlotte Mason (Tai Chi union) 07580722866**

TAI CHI (Tony Bennett 07747001907 text only) Thurs
2pm £8 per session. The Institute Silverdale.

AGE UK LUNCH CLUBS (Christine 761566). Please
phone to book. Meet 12 for 12.30pm Lunch **Fri 6th-** The
Albion. **Wed 18th** The Ship
Kingfisher restaurant 2nd Thurs of each month Norah
015395 62887

RNLI Fundraising Group AGM Mon **23rd** 10.00am at the
EI. All welcome for annual report and plans for 2020;
particularly welcome would be anyone with a few hours a
year that they could volunteer!

ARNSIDE SAILING CLUB - Sat **7th** LuKkie (Soft Rock),
Sat **14th** Spiratones (Surf Rock), Fri **27th** Me and Fred
(Indie-Folk). Entry £5, Start 8pm
www.arnsidesailingclub.co.uk

Second Conference on **Crossfields of Arnside** and their
boats **Sat 21st** 10.30am - 4pm Arnside EI Tickets £24
(including buffet lunch) crossfielddyachtsevern@gmail.com

ARNSIDE ARCHIVE GROUP - open Wed mornings 10am
to 12 noon, E.I. Church Hill. Committee meeting Thur **5th**
2020, 2pm. Website: [www.http://arnsidearchive.org.uk](http://www.arnsidearchive.org.uk) -
contact: arnsidearchivegroup@gmail.com

ARNSIDE FAIRTRADE GROUP Fairtrade Fortnight coffee
morn Wed, **4th** 10.30 - 12 Arnside Meth.CH Fairtrade
food, gifts, cakes. Admission £1 includes tea/coffee &
homemade biscuit. Come and join us!

THE LANDSCAPE TRUST Spring Meeting **19th** Arnside
WI Village Hall 7.30 pm (doors open 7pm) Speaker: Chris
Winnick from Butterfly Conservation 'Saving Cumbria's
Butterflies'. Admission/refreshments free. All welcome.

JUNCTION 36 PHOTO CLUB Mark Littlejohn, Landscape
Photographer of Year 2014, talk/presentation Fri **27th** 7.30
pm Westmorland Room, Crooklands Hotel £3 on door

FOLK GIG IN ARNSIDE Sat, **7th** 7.30pm Arnside EI book
ticket online <https://www.wegotickets.com/event/492672>
Sue/John Gibbs 01524 762460 Tickets £10 in advance, or
£12 on the door. More info rowangodel.co.uk

THE HERON THEATRE, BEETHAM Details and booking
from www.theherontheatre.com

1st 2.30pm KOMOREBI SAXOPHONE QUARTET
6th 7.30pm MRS LOWRY & SON (2019) [PG] 91mins
13th 7.30pm "THE CANTERBURY TALES"
17th 2.00pm LEONARDO: THE WORKS
21st 7.30pm DECO DELIGHT
27th 7.30pm "LUNAR LANDING LAUGH-A-LONG"

BOOK AT BAYTIME – (Julie 762538) Wed 1 – 2.30pm
Arnside EI £3. julie@readforlife.co.uk

ARNSIDE RAMBLERS (Sec: Dawn Hancock 730223)
RAMBLERS (Jan Mingay 01539562319) 3rd, 11th, 19th,
24th

SCRAMBLERS (Peter Bakewell 701995) 5th, 10th-11th,
18th, 31st

AMBLERS (Helen Leach 761021) 3rd, 10th, 17th, 24th, 31st
Leave W.I. 10 am..

B AMBLERS (Jeff Swire 298069) Thurs **5th** Margaret
(761740) Tues **17th** Ana (761534)

ARNSIDE ART GROUP every Wed aft at W.I. throughout
Autumn, Winter & Spring. Interested in joining? Contact
Paul Barnes: psbarnes@live.co.uk 07801 713428

ARNSIDE HIGHLIGHTS looking for new people to join our
team! Come along to Westmorland Room Arnside E.I.
between 10 am -12noon Sat **21st** Enjoy a chat with
members of our team over tea or coffee!

AGE UK SOUTH LAKELAND - new Tablet Loan scheme
for people who are isolated with no IT equipment. (Helen
Prince hprince@ageuksouthlakeland.org.uk)

ROTARY CLUB – (Helen 761432) Unwanted mobility/
surgical aids can now be taken to Carnforth Tip (A6) The
Rotary Club will then collect. Thanks for donations.

STORTH COMMUNITY TRANSPORT Transport provided
for Storth residents to Doctors, Dentists & Hospital – cost
45p per mile. Info or to book phone 0755321338

WORLD DAY of PRAYER – Fri **6th**, 2.00pm service
prepared by women of Zimbabwe Arnside Meth. Church.

ARNSIDE METHODIST CHURCH (Rev David Stretton
761397) www.arnsidemethodistchurch.org.uk Church open
every day 10.00 – 4.00pm Disabled access externally to
church hall between the hall and church. Sun Services:
Mornings: 10.30am, Evening: 6.30pm, Sun **22nd**
Reflective Service. Praise and Prayer: Fri **13th** 7.00pm.
Join us for a Contemporary & Informal Worship Time with
Kirkby Lonsdale Worship Band. Refreshm. after Service.
Mon Morning Friendship Group: 10.00- Coffee 10.30am
start. Mon **9th**, "Things I Wish I'd Known when I was
Younger" and Mon **23rd** "New England in the Fall" with
Alan and Sue Gardner, lunch.Supporting Charity
'NICHOLAS LOWE CHILDREN'S HOME' in ARGENTINA.
If you live on your own and would enjoy some
company,join us. Information from Pam (761928) Eileen
(761720). Lifts available.All welcome.

Busy Bees Toddler Group Wed 1.30 – 3.00pm in term
times (Sue 761542)

ST JAMES' PARISH CHURCH Rev Andrew Norman
01539 562355revdabn@gmail.com Church open every
day. Sun Services:8.00 am Holy Communion (every Sun)
9.30 am Parish Communion (**1,8,15**),Mothering Sun
celebration (**22**) Choral Matins (**29**).Wed Service during
term time:9.15 School-Church. Everyone welcome.

OUR LADY OF LOURDES R.C. CHURCH –Silverdale
Road, Arnside Holy Mass on Sat at 5.30pm, Vigil Mass for
Sunday.Parish Priest: Rev Fr Philip Smith. 015395 32731

FORTHCOMING-

BINGO! Arnside WI Thurs **2nd** April 6.30pm for 7.15pm.
Funds for Cemetery Chapel Refurbishment. Raffle, free
hot drinks.BYOB 762471brockbank323@yahoo.co.uk

ARNSIDE CHRISTIANS TOGETHER Charities fashion
Show by So2You Fri **17th** April 7.00 £5 refreshments inc

Items for April Broadsheet by 15th March. Notices may
be left at the Spar, Silverdale Rd. Phil Fallows, Hairdresser,
Or E-mail arnsidebroadsheet@hotmail.co.uk **PLEASE be**
concise, write clearly include contact details & telephone
number. Broadsheet can also be viewed on the APC
website. www.arnsidepc.org.uk