



THE ARNSIDE VILLAGE WEBSITE - Let people know about your event or activity. Is your notice too long to fit on the Broadsheet? Do you want to add more details/photos? Then use the village website: support@arnsidevillage.co.uk

THE BROADSHEET is currently looking for a sub-editor. The role involves picking up notices - either hard copies or emails - putting them together and typing the Broadsheet on alternate months. If you would like to find out more, please ring Chris Baranski on 762824.

A reminder to our readers and contributors: the **Arnside Broadsheet** is run, edited, typed and distributed by many volunteers and its costs are met by donations. Donations from groups who advertise with us are very welcome.

ARNSIDE HELPWAYS (07534 660 667). Requests for transport should be made between 9.00 and 10.00 am if poss, giving at least 24 hours' notice. Nominal charge made to cover car expenses.

ARNSIDE SIGHT ADVICE SUPPORT GROUP
Meets **Mon 18th 10.30-12.00** at Methodist church hall. Offers practical advice and friendship to those with visual impairment. Just turn up or phone (Tony Rees 761478) for transport.
SIGHT ADVICE SOUTH LAKES (01539 769055) - Drop-in at Arnside Surgery offering advice and guidance on sight loss and visual awareness. **1st Thursday** each month.

AGE UK SEATED EXERCISES (Eileen Walters 761720)
Methodist Church Hall. **Tues 9.30-10.30 am** £2,
Fri 10.30-noon £2.50 (inc refreshments).

AGE UK LUNCH CLUBS (Christine 761566).
12 for 12.30 pm lunch prompt. **Fri 1st** The Albion, **Wed 20th** The Ship. Advance booking essential - please phone.

ARNSIDE & ARNSIDE KNOTT WI (Sec S Jackson 761915). **Mon 11th** 7.30 pm WI Hall - 'Scam Awareness' with Judy Clay. Competition: a key.

ARNSIDE WI Hall/room to hire, kitchen available. Call **Lindy Brough 761752** to book. Thanks to all: Houghton Weavers concert raised £400, Christmas Bingo £736.

ARNSIDE COUNTRY MARKET (Sec Ann McCabe 015395 63326). Re-opens **Fri 15th** 9.30-11.30 am WI.

ARNSIDE ARCHIVE (Sandy Felton 762653).
Archive open **Weds 10-12 noon** at Ei. We welcome new members to help catalogue, research and prepare exhibitions. Next committee meeting **Wed 20th 7pm** in Archive room. For info contact Sandy.

ARNSIDE ART GROUP WI **Weds 2-4pm**. Interested in joining? Contact Paul Barnes at psbarnes@live.co.uk 07801 713428.

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

ARNSIDE EI BADMINTON CLUB (Cath Grayson 761347, Jon Race 01539 564119). **EI Mon 7.30-9.30pm** (except bank holidays). Played throughout year.

BOOK AT BAYTIME (Julie 762538). **Wed 1.00-2.30pm**
EI. £3. Discover and discuss literature by reading aloud, or just listen. julie@readforlife.co.uk

ARNSIDE BRIDGE CLUB (George Crowther 781188).
EI Mon 1.00-1.40pm Bridge for Beginners, 1.40-4.30 pm Chicago Bridge (no partner required). **Tues & Fri 6.45** for 7 pm Duplicate Bridge (partners required).

ARNSIDE LADIES' CHOIR (01539 731719). **Fri 2-4 pm**
WI hall. Come along and try us - we are a friendly group singing a range of melodies. New term starts 1 Feb.

ARNSIDE COMPUTER GROUP & AGE UK SOUTH LAKELAND IT DROP-IN (Sue Harrison 762638).
Weekly sessions **EI Tues 2-4 pm**. Bring along your laptop, tablet and/or mobile phone. All levels and op systems. Refreshments. Donation to Ei: £2 members, £3 non-mem.

ARNSIDE LECTURE GROUP (Dorothy Mitchell 761836).
Industrial Archeology - 'Giving our Past a Future'.
Thur 7th, 14th, 28th, Mar 7th, 2.15pm WI.

SCRABBLE FOR FUN (Fiona Stevens 762371).
EI Weds 7 pm. All standards.
SCRABBLE (J Halliwell 761902). **Mons 2-4pm** WI.
£1 inc refreshments. New players welcome.

ARNSIDE SNOOKER CLUB (Walter Burrow 761356)
EI Wed 7pm - Open Club Night; **Mon & Tue 10am-12.00**
Seniors. Competitions. £1 and 20p meter.

ARNSIDE TABLE TENNIS GROUP (Neil Webster 762127, Bob Harrison 762638). **EI Tues 7.30-9.30 pm, Fri 2-4 pm**. 3 tables. Bats provided if required. Members £2, guests £3 (includes refreshments).

ARNSIDE TENNIS CLUB (Jean Mitchell 761583).
Social tennis weekdays **9.30 am**, club sessions **Wed eves** from **6.00 pm** and **Sun aft** from **3.00pm**. Junior coaching.

BLACK SHEEP UKULELE BAND (762818).
Thurs 6.30 for 7 pm, St James's Church.
£2 inc refreshments. Band also available for hire.

ARNSIDE PLAYGROUP (Ann 07765 693564) **Term times only**. Arnside School **Fri 9.30-11.25 am** Children 2-5 yrs. St James Church Room **Mon 9.30-11.30 am** Mother and Toddler session. Toddlers £2, babies £1.

STITCH-IN-TIME/DAYS FOR GIRLS (Anne 761800/ Violet 745219/Sheila 761317). **Tues 5th & 19th 11.30-4pm**. Stitch, Knit and Natter group at Methodist CH. Pop in for cuppa at 3 pm.

ARNSIDE RAMBLERS (Sec Marilyn Wright 760066)
RAMBLERS (Ann Prophet 762834)
6th Kirkby Lonsdale, 14th Quiet hills & Archaeology,
19th Glencoyne/Swinside Knott (S), 27th Lowther valley.
SCRAMBLERS (Kevin Mingay 015395 62319)
7th Sgt Man from Grasmere, 20th Ward Stone, Bowland.
AMBLERS (Roger Mashiter 761686)
5th Fairy Steps, 12th Farleton, 19th Sedgwick,
26th Firbank/Dalesway.
B AMBLERS (Jeff Swire 298069)
7th Ray High (762215), 19th Muriel Warburton (931540).

PILATES (Catherine Nixdorf 761811/07899 907424).
WI Hall - Monday 10-11 am, Wednesday 9-10 am.
PILATES (Joanne Holgate) Thurs 9.30-10.30 am and
6.30-7.30 pm, Methodist CH. jhpilates361@gmail.com
YOGA FOR ALL (Cathy Lubelska 015395 34377).
WI Hall - Tuesdays 10-11 am.
LAMATA DANCE CLASSES (Yvonne Kelly 781980)
EI Tues/Wed 4.30-7 pm, Thurs 4.30-8 pm. Classes for
children, adults, tap, ballet, modern, acro, £4 per lesson.
FITNESS DYNAMIC CLASSES (Sam 07886 457563).
Pilates, Zumba and more.
TAI CHI (Tony Bennett 07747 001907 text only). Thurs
6, 13, 20, 2pm. £8 per session. The Institute, Silverdale.

ARNSIDE & STORTH FIRST RESPONDERS
(Co-ordinator: **Pat Clifford 762065**).
Next training meeting **Thur 5th** Cross Keys, Milnthorpe.
Contact Pat to join 150 Club Supporters - still numbers for
2019. Anyone interested in becoming responder, or in our
FREE Heartstart courses, contact 762757, 761347 or Pat.

MINDS IN TUNE (Eileen 761720, Karen 762055).
Methodist Church **Thur 2-4 pm**. Activity/support group for
people with memory problems, or dementia, and their
carers. Choice of activities, refreshments, songs. If you
need transport, contact Eileen.

RELAX & REMINISCE - group session for those with
dementia and family carers. £2.50 inc refreshments.
Lesley 07816 895021 or Diane 762341.

ARNSIDE YOUTH PROJECT (Jude 762053).
All young people 9-12 years welcome. **EI 6.00-7.30 pm**

Fri 1st - Chinese New Year celebrations.
Fri 8th - Valentine's Day cards and crafts.
Fri 15th - Indoor games - table tennis, dodgeball.

Currently looking for members of community to join our
management committee. Interested? Ring Jude.

An **Extraordinary** General Meeting to decide the future of
Arnside Youth Project will be held on **Fri 1st Feb** at 6 pm
in the EI. This is a vital meeting - please attend if you can.

STORTH COMMUNITY TRANSPORT provided for Storth
residents to doctors, dentists, hospital - cost 45p per mile.
Info or to book phone 07553 213383.

QUEST (Patricia McPoland 015395 62765)
The Athenaeum, Leasgill 10 am. Talk - Coffee - Questions.
Thurs 14th - Germans/Austrians in Cumbria during WWI.

ARNSIDE HIGHLIGHTS
Opera North presents: **The Mini Magic Flute** - a fairy tale
opera at Arnside EI on **Sunday 10th Feb at 3 pm**.
Price includes a creative arts experience (your creation will
feature in the performance), drink and home-made cake.
The bitesize opera packs fun and music into half an hour -
perfect introduction to opera for anyone over the age of 4!
Tickets £8 adults/£4 children from Sue Hayward 762254 or
suediane57@gmail.com or www.operanorth.co.uk/whats-on.
Double Film Bill - EI Sat 16th Feb.
4 pm 'Mary Poppins Returns' (PG)
7.30 pm 'Stan and Ollie' (PG)
Tickets £7 adult/£5 under 18s for each film or £10 for both.
Tickets from Sue (above) or The Little Shop, Arnside Prom.

THE HERON THEATRE, BEETHAM 7.30 pm
Fri 1st The Guernsey Literary & Potato Peel Society (12A).
Sun 3rd Camira Wind Trio - Matinee Music **2.30 pm**
Fri 8th 'At Home with William Shakespeare' & 'Bacon'.
Fri/Sat 15/16 Hot Fingers Trio.
Tues 19th Young Picasso - on screen, **2 pm**.
Fri 22nd 'The Empty Stage', Purple Dreams Prods.

ARNSIDE METHODIST CHURCH (Rev David Stretton 761397) www.arnsidemethodistchurch.org.uk
Church open every day 10am-4pm. Disabled access
church/hall.
Sunday Services: mornings 3rd, 10th, 17th, 24th,
10.30am. Evening: 17th 6.30pm Reflective Service.
Monday Morning Friendship Group: supporting North
West Blood Bikes, Lancs/Lakes. Start 10.30 am - 11th 'A
Boat Trip on the East Midlands Ring', 25th 'Italy from South
to North by Bicycle'. Info Eileen (761720) or Pam (761928).
Busy Bees Toddlers Wed 1.30-3 pm term times (Sue
761542).

PARISH CHURCH ST JAMES (Rev D Cooper 761319)
Churchwardens 762019, 761980.
Every Wed (term time) 9.15 am School-Church - school +
adults in church. Sun 8 am Holy Communion (BCP),
10.30 am Holy Communion.

OUR LADY OF LOURDES RC CHURCH (Fr Phillip Smith 015395 32731) clergy@cathchurchgos.plus.com

FORTHCOMING EVENTS:

ARNSIDE HORTICULTURAL SOCIETY AGM.
Sat 2nd March 2.30pm in Methodist Church Hall.

ARNSIDE BROADSHEET AGM
Mon 18th March 7.30pm in EI. All welcome.

Items for March Broadsheet by 15th Feb please. Details may
be left at Premier Foods, Silverdale Rd, or Phil Fallows,
Hairdresser, or email arnsidebroadsheet@hotmail.co.uk
PLEASE be concise, write clearly, and include contact details
and telephone number. The Broadsheet can be viewed online
at www.arnsidevillage.co.uk or on the APC website
www.arnside.org.uk. Items can be added to the Arnside
Village website at any time - support@arnsidevillage.co.uk