

# ARNSIDE BROADSHEET

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**THE ARNSIDE VILLAGE WEBSITE** – the website for the local community! Let people know about your event or activity. Email [support@arnsidevillage.co.uk](mailto:support@arnsidevillage.co.uk)

## ARNSIDE BROADSHEET NEEDS YOUR HELP!

Can you spare approx one hour every few months to assist with sorting, distributing packs of Broadsheets to our team of distributors/ deliverers? Ring Ann Guy 761338 or [arnsidebroadsheet@hotmail.co.uk](mailto:arnsidebroadsheet@hotmail.co.uk)

**ARNSIDE HELPWAYS (07534 660 667)** Requests for transport should be made between 9.00. and 10.00.a.m. if poss, giving at least 24 hours' notice. Nominal charge made to cover car expenses

**ARNSIDE SIGHT ADVICE SUPPORT GROUP** meets Mon **16th** 10.30 - 12.00 at Methodist Church Hall. Group provides practical and social support for people with visual impairment. Tony Rees 01524 761478

**AGE UK SEATED EXERCISE CLASS** Arnside Methodist Church (Eileen Walters 761720/ AgeUK01539728118) Tue 9.30 - 10.30 & Fri 10.30- 12 Refreshments.

**AGE UK SEATED EXERCISE CLASS (01539 728118)** Wednesdays 10.30- noon at Storth Village Hall

**SEATED YOGA** – Unfortunately due to a combination of accident/ill health, seated yoga is cancelled.

**ARNSIDE ROYAL BRITISH LEGION** (E. Willacy 735409) The next branch meeting will be at the Village hall Tues **24<sup>th</sup>**, starting at 14.00

**AGE UK LUNCH CLUB (Christine 761566).** Ring to book. 12 for 12.30pm **Fri 6<sup>th</sup>** Albion **Wed 18<sup>th</sup>** The Ship

**ARNSIDE & ARNSIDE KNOTT WI** (sec D.Jarvis 761606) Mon 9<sup>th</sup> – 7.30pm WI Hall ' My Life in the Gutter,' Archie Workman. Competition. Open to all. Non-members £3

**ARNSIDE WI** Hall/room to hire, kitchen available Phone Lindy Brook 761752 to book.

**SCRABBLE FOR FUN** (Fiona Stevens 762371) EI Wednesdays 7pm. All standards.

**ARNSIDE COUNTRY MARKET** (sec. Ann McCabe 015395 63326) 9.30am – 11.30am W.I.Hall Home made cakes, chocs, eggs, fish. Plants, crafts, gifts. Free entry. Refreshments. All welcome.

**ARNSIDE STITCHERS – Wed** 1.30 to 3. 30 E.I.

**MINDS IN TUNE – Thurs 12<sup>th</sup>** 2.00-4.00pm, Eileen Walters (761720) Activity/Support group for people with

memory problems, dementia, & carers now second year. Session at Arnside Methodist Church starts with choice of activities followed by refreshments finish with singing.

**ARNSIDE PLAYGROUP- Andrea 07493 079159** The Studio E.I. Wed - Fri 9:30 - 11:30 am (term time). Children 2 - 5 yrs. Mon 9:30 - 11:30 am. Mother & Toddler session. Toddlers £2; Babies 50p. Please drop in to a session.

**ARNSIDE EI BADMINTON CLUB (Cath Grayson:01524 761347 Jon Race:01539 564119)** Mon 7.30 – 9.30pm (Except Bank Holidays) Played throughout year at the EI.

**ARNSIDE TABLE TENNIS CLUB (Mike Whitmarsh 761195.)** EI Tue 7.30pm. Fri 2pm. 3 tables. Bats provided. Members £2. Guests £3 (includes refreshments)

**ARNSIDE SNOOKER CLUB (Walter Burrow 761356)** EI Wed 7pm – Open Club Night; Mon & Tue 10am – 12.00 Seniors. Competitions. £1 and 20p meter.

**ARNSIDE TENNIS CLUB (Jean Mitchell, 761583)** social tennis weekday mornings 9.30 am club sessions Wed evenings from 6.00 pm and Sun aft from 3.00pm. Junior coaching available.

**ARNSIDE BOWLING CLUB** Sheila Fishlock (Sec.) 015395 62258 The Bowling Green is open most days. We have Social Bowling Tuesdays and Thursdays 2:00 New Bowlers very welcome.

**ARNSIDE BRIDGE CLUB** - (Alan Farmer 01524 735366) E.I Mon 1- 1.40pm Bridge for beginners 1.40 - 4.30pm Chicago Bridge (no partner required). Tues & Fri 6.45 for 7pm Duplicate Bridge (partners required).

**STITCH-IN-TIME/DAYS FOR GIRLS** Stitch, knit & natter **Tues 3, 17** Arnside Methodist CH, making reusable sanitary hygiene kits for girls/women in developing countries, +knits for babies & refugees. Pop in for a cuppa! **NB no meetings in August** Sheila 761317/Anne 761800/Violet 745219

**Help raise women & girls out of poverty- Arnside Days for Girls Coffee Morning w MP Tim Farron - 9:30-11:30 am. Kendal Town Hall. £1 entry Raffle - info Violet [01524 745219](tel:01524745219)**

**PILATES (Catherine Nixdorf 761811/07899907424)** W.I. hall - Mondays 10.30 to 11.30 a.m.,  
**YOGA FOR ALL (Cathy Lubelska 015395 34377)**

**LAMATA DANCE CLASSES (Yvonne Kelly 781980)** E.I. Tues/Wed 4.30 -7.00pm Thurs 4.30 – 8.00pm Classes for children & adults tap, ballet, modern, & Acro. £4 per lesson  
**FITNESS DYNAMIC CLASSES** (Sam 07886457563) Pilates, Zumba and more

*Arnside Broadsheet* is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

**ARNSIDE CRICKET CLUB - HOME FIXTURES:-7th** 1st v Burneside, **14th** 2nd v Carnforth A, 21st 1st v Silverdale **28th** 2nd v Cartmel.

**ARNSIDE & SILVERDALE LOCAL FOOD FESTIVAL**  
**Fri 13th** lunchtime to evening WOLF HOUSE, Silverdale: hand-made fresh pizza, vegetarian options, salads, bar, live music part of Arnside & Silverdale Local Food Festival

**ARNSIDE & SILVERDALE LOCAL FOOD FESTIVAL Sat**  
**14th 11am – 3pm** Gaskell Hall, Silverdale. All local stallholders: BBQ, fruit & veg, butcher's, fish, Arnside Country Market, coffee, cakes, hand-made chocolates, bar, jams & preserves, pies, bread, plants, honey, ice cream, chutney, Arnside apple juice, dairy products, cheese and dog treats, plus free children's activities, tombola etc. **FREE ENTRY** Martin Humphrey 702185

**ARNSIDE AND STORTH FIRST RESPONDERS**  
(Co-ord: Pat Clifford 762065). Next training meeting Wednesday **4th** – 7.30pm Methodist Church Hall Arnside June 150 club Draw Results -1<sup>st</sup> Prize £30 No 41, 2nd Prize £20 No 69, 3<sup>rd</sup> to 7<sup>th</sup> Prizes £10 each Nos 17,31,6.81 and 91. Interested in becoming a responder, or finding out about responding or FREE Heartstart Courses, contact, A Swenson 762757, C Grayson 761347 or P Clifford.

**Police Drop-In** Second Tuesday every month PCSO Martin Boak in Library in EI, Church Hill, from 11am-12 discuss any issues you may have in relation to policing matters. No appointment necessary just turn up. For more urgent matters Contact police on 101. Emergency always call 999. Police Community Support Officer is: PCSO (Martin Boak 5251) Email: [martin.boak@cumbria.police.uk](mailto:martin.boak@cumbria.police.uk)

**ARNSIDE RAMBLERS (Sec: Marilyn Wright 760066)**  
**RAMBLERS (A Prophett 762834)** 3<sup>rd</sup> Linear Walk (pre booked members only) **11th** Great Langdale Valley **19th** Langden Brook- Chipping **24th** Coniston (Challenge)  
**SCRAMBLERS (K Mingay 01539562319)** Linear Walk **12th** Wasdale Round(Challenge) **7.00** **13th** Wasdale/Scafell **25th 9.30** 111 Crag via Cockley Ridge **8.00**  
**AMBLERS (R.Mashiter 761686)** Leave W.I. 10am. 3<sup>rd</sup> Linear Walk. (Pre booked members only)  
**10th** Beacon Fell- River Brock. **17th** Wet Sleddale. **24th** Sow Hows & St. Anthony's **31st** Hutton Roof.  
**B AMBLERS Thu 5th** Mike (761105) **Tues 17th** Maxine (761171)

**ARNSIDE RNLI** -Arnside branch of RNLI desperately seeking a new secretary: anyone with few hours a week to offer? Contact Chris Bratt 762183

**ARNSIDE'S MARITIME HERITAGE** - exhibition mounted by Arnside Archive coinciding with return of "Severn", one of many boats to be built at Crossfield boatyard. Sat & Sun **14th – 15th** E I Church Hill 11.00am - 4.00pm. Admission £3.00 includes refreshments.

**BOOK AT BAYTIME – everyone welcome.** Weekly on Wed 1 – 2.30pm Arnside EI £3 per week (inc refresh)

**ARNSIDE UKULELE BAND** (Elaine Newman 762699). Thursdays from 6.30 pm in EI.

**ARNSIDE ART GROUP** Arnside Art Group [Marion 01524761142] every Wednesday aft at WI. Interested in

joining? Contact Paul barnes at [psbarnes@live.co.uk](mailto:psbarnes@live.co.uk)  
07801713428

**AGE UK SOUTH LAKELAND** - Tablet Loan scheme for people who are isolated with no IT equipment. (Helen Prince [hprince@ageuksouthlakeland.org.uk](mailto:hprince@ageuksouthlakeland.org.uk))

**ROTARY CLUB – (Helen 761432)** Unwanted mobility/ surgical aids can now be taken to Carnforth Tip (A6) The Rotary Club will then collect. Thanks for donations.

**STORTH COMMUNITY TRANSPORT** provided for Storth residents to Doctors, Dentists & Hospital – cost 45p per mile. Info or to book phone 07553213383

**HERON THEATRE, BEETHAM** [www.theherontheatre.com](http://www.theherontheatre.com)  
**6th** Heal the Living (French- Subtitles)

**ARNSIDE METHODIST CHURCH** (Rev David Stretton 761397) [www.arnsidemethodistchurch.org.uk](http://www.arnsidemethodistchurch.org.uk) Church now open every day 10.00am – 4.00pm Sunday Services: Mornings: 10.30am; Evening: **15th** Reflective Service 6.30pm. Praise and Prayer – Friday **6th** 7.00pm. Come and Join Us for a Contemporary & Informal Worship Time. All are Welcome.

**MMMP Ladies Group** (Pam 761928) – all ladies welcome 10.00am coffee for 10.30am start. **Mon 9th**, AGM. This is the last meeting until September.

**Busy Bees Toddler Group** Wed 1.30 – 3.00pm in term times (Sue 761542)

**PARISH CHURCH ST JAMES (Rev D. Cooper 761319)** Parish Church St James (Rev D. Cooper 761319) Every Sun 8am Holy Communion (BCP) Sun **1st & 22nd** 10.30 Holy Communion Sun **8th** 10.30 **Sea Sunday** - Worship for everyone **Sat 21st** St James Festival - Open Church **Sun 22nd** 10.30 **St James Festival** Holy Communion **Sun 29th** 10.30 Choral Matins **Wed 4th & 11th** 9.15am School-Church. School + adults, in church. **Thur 19th 2.30** Arnside School 2018 **Leavers' Service** Wed 4th 2.30pm Mothers' Union

**OUR LADY OF LOURDES R.C. CHURCH** – Fr Phillip Smith 015395 32731. [clergy@cathchurchgos.plus.com](mailto:clergy@cathchurchgos.plus.com)

### **ARNSIDE HIGHLIGHTS – Coming Events**

Arnside Highlights next double film bill. We are delighted to be able to show both films so soon after release in the UK. **Saturday, 15th September** in Arnside E I, Church Hill, Arnside - **Incredibles 2 at 4pm**  
**Mamma Mia! Here We Go Again at 7.** Tickets are on sale now at The Little Shop, Arnside Promenade or through Sue Hayward 01524 762254 [suediane57@gmail.com](mailto:suediane57@gmail.com)

**THANKS-** those who supported 'Hike for Highlights' event. £200 raised which equates to £465 with match funding from Arts Council, gift aid. This will help live arts events continue in Arnside & other venues in Highlights scheme.

**Items for August Broadsheet by 15th July** Details may be left at Premier Foods, Silverdale Rd. Phil Fallows-Hairdresser E-mail [arnsidebroadsheet@hotmail.co.uk](mailto:arnsidebroadsheet@hotmail.co.uk)  
**PLEASE be concise**, write clearly include contact details & telephone number. Broadsheet can also be viewed online at [ww.arnsidevillage.co.uk](http://ww.arnsidevillage.co.uk) or the APC website [www.arnside.org.uk](http://www.arnside.org.uk) **Items can be added to the Arnside Village website at any time. E mail: support@arnsidevillage.co.uk**