

ARNSIDE BROADSHEET

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ARNSIDE DIRECTORY: Deadline for inclusion in 2018 edition is **31st July**. Contact Anne-Marie O'Neill at annemarie.oneill57@btinternet.com/ 761636

ARNSIDE VILLAGE WEBSITE: Drop-in Launch event at Arnside E.I. Westmorland Room Mon **26th** 7.00- 9.00pm Broadsheet Volunteers and club/society reps welcome.

LANDSCAPE TRUST'S - Journal will be delivered to members - on sale at Londis & Little Shop last week in June. Items featured: Alternative Walk Across the Bay, The Wildlife of the River Keer & Sad History of The Little Egret

ARNSIDE E.I – wants to expand computer facilities available to local residents and to provide help about online completing of forms, renewing licences etc. To express an opinion about facilities needed or to offer volunteer expertise, please complete a form available at the E.I. Tel 762828, or email arnsideei@btconnect.com

AGE UK SEATED EXERCISE CLASS Eileen Walters (761720) Tues 9.30am - 10.30am and Fri 10.00 – 11.30am at Arnside Methodist Church.

AGE UK SEATED EXERCISE CLASS (01539 728118) Wednesdays 10.30- noon at Storth Village Hall

ARNSIDE WI Hall/ room to hire, kitchen available. (Book: Lindy Brough 761752 lindymb53@gmail.com)

ARNSIDE & ARNSIDE KNOTT W.I. (Sec. Daphne Jarvis 761606) Mon **12th** – 7.30 Learning a Skill Later in Life with Anne Blackburn. Competition: A Skill You Wished You Had Learned. Open to all – bring your husband/ partner /friend. £2 guest fee includes refreshments after the talk. (P.S We do not sing Jerusalem!)

ARNSIDE COUNTRY MARKET (sec. Ann McCabe 015395 63326) Friday's 9.30 – 11.30 W.I.Hall Local home baking seasonal preserves and fresh eggs. Fresh fish now available. Home grown fruit and vege. Plants, Local hand made crafts. Free entry. Refreshments. All welcome.

ARNSIDE PLAYGROUP- Andrea 07493 079159 The Studio E.I. Wed - Fri 9:30 - 11:30 am (term time). Children 2 - 5 yrs. Mon 9:30 - 11:30 am. Mother & Toddler session. Toddlers £2; Babies 50p. Please drop in to a session.

ARNSIDE EI BADMINTON CLUB (Peter Jones 761314) Mondays 8pm – 9pm (Except Bank Holidays) Played throughout the year at the EI. For details ring above.

ARNSIDE TABLE TENNIS CLUB (Mike Whitmarsh 761195.) EI Tue 7.30pm. Fri 2pm. 3 tables. Bats provided. Members £2. Guests £3 (includes refreshments)

SCRABBLE FOR FUN (Fiona Stevens 762371) EI Wednesdays 7pm. All standards.

ARNSIDE SNOOKER CLUB (Walter Burrow 761356) EI Wed 7pm – Open Club Night; Mon & Tue 10am – 12.00 Seniors. Competitions. £1 and 20p meter.

ARNSIDE TENNIS CLUB, SILVERDALE RD – social tennis every weekday morning from 9.30 am and club sessions on Wednesday evenings from 6.00 pm and Sunday afternoons from 3.00pm. Junior coaching also available. Information from Jean Mitchell, 01524 761583 **ARNSIDE BRIDGE CLUB (Alan Farmer 735366)** EI Mon 1-140pm Bridge for Beginners; Mon 1.40 – 4.00 pm Chicago Bridge (no partner necessary). Tue & Fri 6.45 for 7.00pm Duplicate Bridge (partners required)

UKULELE CLUB (Elaine Newman 762699) Thursdays 6.30.p.m. E.I. hall. All welcome.

STITCH-in-TIME GROUP- (Violet 745219 /Sheila 761317) Tues 6th 11-4pm & Tues 20th 1:30-4pm. Arnside Meth Hall. We sew sustainable hygiene kits for girls, knit for babies & refugees. Drop in! Tea & Coffee £1 session **ARNSIDE SEWING BEE** (Pauline 761136) WI 7.30pm. 1st & 3rd Mon of month. All kinds of sewing £5 inc refreshment

FITNESS DYNAMICS CLASSES (Sam Horton 07886457563) Pilates, SamBarre (Zumba/Barre Fusion) & Blast FX

PILATES (Catherine Nixdorf 761811, 07899907424)

W.I. hall - Mondays 10.30 to 11.30 a.m.,

YOGA FOR ALL (Cathy Lubelska 015395 34377)

Tuesdays 10.00 – 11.00am W.I. Hall

LAMATA DANCE CLASSES (Yvonne Kelly 781980)

E.I. Tues/Wed 4.30 -7.00pm Thurs 4.30 – 8.00pm Classes for children & adults tap, ballet, modern, & Acro. £4 per lesson

ENGLISH COUNTRY DANCING 2-4pm Arnside EI, £3 per session all welcome. Easy gentle Exercise. No previous experience necessary

THERAPUTIC DANCE/MOVEMENT IN YOUR HOME (Mel Brierley 760014/07745849714) Registered dance/ movement educator for older people or those with long term health conditions.

AGE UK LUNCH CLUBS (Christine 761566/ Janet 762559). Please phone to book. Meet 12 for 12.30pm Fri 2nd – The Albion. Wed 21st – The Ship

ARNSIDE ARCHIVE GROUP- Norma Platts 01524 761238 Archive Group members meet 'every Wed morning (10am – noon) and Thurs afternoon (2-4pm) in Margaret Matheson Room at the E. I. If you would like to join in researching our exhibition topic, or help with our cataloguing, you will be most welcome.

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

ARNSIDE DISTRICT NATURAL HISTORY SOCIETY
(Sec: Gail Armstrong 701 316) 11th to 16th

Norfolk/Suffolk Residential Trip. Thurs **22nd** Meathop & Foulshaw Mosses with CWT Warden. Meet Arnside WI at 9.30 or Foulshaw Moss car park (SD458838) at 10.00 finish around 15.00. Tues **17th** Insects of Leighton Moss – with Steve Garland. Meet Arnside WI at 10.00 or Leighton Moss car park (SD477750) at 10.15. Aim to finish at 14.00
www.arnsideanddistrictnhs.co.uk

BOOK AT BAYTIME – everyone welcome Discover and discuss literature by reading everything aloud, - novels, short stories, poems, all material provided - no reading to do before or after. Come along, enjoy a cup of tea, share the reading, There's no pressure to do anything, we'll be glad of your company. Weekly on Wed 1 – 2.30pm Arnside EI £3 per week (including refreshments)

ARNSIDE YOUTH PROJECT (Jude 762053)

Fri **9th** Sports on the field Fri, **16th** Paint a Tee shirt Fri, **23rd** Bowling at Arnside Bowling Club Fri, **30th** Holgates visit. All between ages of 9- 13 welcome.

MINDS IN TUNE - Thurs **8th**, 2.00-3.30pm, Eileen Walters (761720) New Activity/Support group for people with memory problems, or dementia, and their carers. The session at Arnside Meth Church, start with choice of activities, then refreshments and finish with some singing.

Arnside Ramblers (Sec: Marilyn Wright 760066)

RAMBLERS (Julia Bennetts 701265) **7th** Two Langdales **15th** Cougha **20th** Round Riggindale (S) **28th** Wansfell
SCRAMBLERS (Brian Leslie 762055) **8th** Ravenglass to Grasmere (6.00) **15th** Buttermere Red Pike Overnight **16th** Robinsons Round **27th** Scaleclose Gill & Dalehead
AMBLERS (Roger Mashiter 761686) Leave W.I. 10am **6th** Winster Valley **13th** Rivington Pike **20th** Crook. **27th** Tarn Hows.

B AMBLERS – 1st Maxine (761171) **20th** Mike (761105)

SIGHT ADVICE (Scott Hemsley 01539 742633 Mon – Thurs). scott@sightadvice.org.uk. The Arnside Sight Advice South Lakes Support Group will be meeting at Millom Court on Monday 19th from 10 until 11.45 am.

ARNSIDE HELPWAYS (07534 660 667) Requests for transport should be made between 9.00. and 10.00.a.m. if poss, giving at least 24 hours' notice. Nominal charge is made to cover car expenses

ROTARY CLUB – (Helen 761432) Unwanted mobility/ surgical aids can now be taken to Carnforth Tip (A6) The Rotary Club will then collect. Thanks for donations.

STORTH COMMUNITY TRANSPORT Transport provided for Storth residents to Doctors, Dentists & Hospital – cost 45p per mile. Info or to book phone 07553213383 give as much notice as possible.

AONB – GO WILD - Wed **31st** May 10.30am-12.30 Butterfly Conservation's Martin Wain leads the 'Brilliant Butterflies' expedition near Warton, followed by butterfly flag printing. Places are limited and must be booked in advance by emailing info@arnsidesilverdaleaonb.org.uk. Thurs **1st June** - Stomping Ground will host an amazing Woodland Family fun day at Dobshall Wood near Arnside between 10am and 3.30pm, Suitable for all ages. Bring a

picnic lunch. Please let us know if you'll be coming: info@arnsidesilverdaleaonb.org.uk.

ARNSIDE ART GROUP: exhibition **May 27th to June 3rd**. Open daily 10am to 5pm. Usual refreshments. Charity collection this year is Macmillan Nurses

RNLI - "PARTY IN THE PARK organised by Ken Rothwell, proceeds for RNLI, on Sat **24th** New Barns Caravan Park LA5 0BN. 5 –10.30pm. BBQ, Tombola, Raffle, music entertainment. All welcome – FREE ENTRY

SILVERDALE & ARNSIDE- Art and Craft Trail **23rd - 25th** June 2017. Look at Arnside Website for details.

ARNSIDE SAILING CLUB- Adult sailing course, free children's prog. Clubhouse open Fridays, Live music Words about Space Sat 24th www.arnsidesailingclub.co.uk

ARNSIDE CRICKET CLUB - Annual 'It's Only A Question of Sport Quiz' on **Fri 30th**. 8.00pm start. The Cricket Pavilion. Bar. Light Refreshments. £12 per team (max 4 per team). (Richard Bagguley 761828/Committee member)

ARNSIDE CRICKET CLUB – Arnside's 1st X1 –Cricket fixtures – Sat **3rd** Warton (h) **10th** Shireshead (A) **17th** Carnforth (A) **24th** Bplton Le Sands (H) **2nd X1** – Sat **10th** Galgate (H) **17th** Carnforth (H) **24th** Sedgwick (A)

HERON THEATRE, BEETHAMwww.theherontheatre.com
9th – 7.30pm FILM "A United Kingdom" [12A]

ARNSIDE METHODIST CHURCH (Rev David Stratton 761397) www.arnsidemethodistchurch Church now open every day 10.00am – 4.00pm Sunday Services: Mornings:10.30am; Evening: 6.30pm on 25th (Church Anniversary)

MMMP Ladies Group (Pam 761928) – 10.00am coffee for 10.30am start. Mon 12th, 'Fostering' with Sarah Vaughan. Mon 26th, 'Heart Concern in Morecambe Bay'. Open meetings all ladies welcome.

Busy Bees Toddler Group(Sue 761542) Wed 1.30 – 3.00pm in term times

PARISH CHURCH ST JAMES (Rev D. Cooper 761319) Every Wed (term time) 9.15 School-Church. School + adults, in church. Sun 8am Holy Communion (BCP) 10.30am Holy Communion (except **18th**) Sun **18th** 10.30am School-church on Sunday. Lively worship for all ages. 4.30pm Celtic Communion.

OUR LADY OF LOURDES R.C. CHURCH – Fr Phillip Smith 015395 32731.

Items for July Broadsheet by 15th June. Details may be left at the Spar, Silverdale Rd. Phil Fallows, Hairdresser, Or E-mail arnsidebroadsheet@hotmail.co.uk **PLEASE be concise**, write clearly include contact details & telephone number. Broadsheet can also be viewed on the APC website. www.arnsidepc.org.uk