

ARNSIDE BROADSHEET

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ARNSIDE BROADSHEET needs volunteer deliverer Silverdale Road to Ashmeadow House, monthly. Can you help? Ann Guy 761338 annguy123@btinternet.com

AGE UK SEATED EXERCISE CLASS Eileen Walters (761720) Tuesdays, 9.30am - 10.30am and Fridays 10.00 – 11.30am at Arnside Methodist Church
AGE UK SEATED EXERCISE CLASS (01539 728118) Wednesdays 10.30- noon at Storth Village Hall

PARKINSONS UK - help for people living with the disease, with support groups in local area, 0808 800 0303/ email hello@parkinsons.org.uk. NHS Choices available for help/advice regarding the disorder. Information: Maureen.harrison@lancashirecsu.nhs.uk

ARNSIDE WI Hall/ room to hire, kitchen available. (Book: Lindy Brough 761752 lindymb53@gmail.com)
ARNSIDE & ARNSIDE KNOTT W.I. (Sec. D.Jarvis 761606) Mon 8th 7.30 Resolutions + Professional Decluttering M. Galvin Competition; Waste Paper Bin £2 guest fee. Open to all.

ARNSIDE COUNTRY MARKET (sec. Ann McCabe 015395 63326) Fridays 9.30 -11.30am Refreshments Home baking, seasonal preserves, honey & fresh eggs. Fresh fish. Local fruit,vege.plants,.Crafts Free entry.

ARNSIDE ROYAL BRITISH LEGION (Elaine 735409) Next meeting Tues 23rd May 14.30 WI Hall.

ARNSIDE PLAYGROUP- Andrea 07493 079159 The Studio E.I. Wed - Fri 9:30 - 11:30 am (term time). Children 2 - 5 yrs. Mon 9:30 - 11:30 am. Mother & Toddler session. Toddlers £2; Babies 50p. Please drop in to a session.

ARNSIDE AFTER SCHOOL CLUB (ARNIES) 07876306365 arnies.afterschoolclub@gmail.com Mon-Fri 3.15. to 6.00.p.m. EI (term time only) for children attending Reception -year 6. £7.50. session.

ARNSIDE TENNIS CLUB, SILVERDALE RD (Jean Mitchell, 761583) social tennis every weekday morning from 9.30 am club sessions Wed evenings from 6.00 pm & Sun afternoons from 3.00pm. Junior coaching available.

ARNSIDE SAILING CLUB - www.arnsidesailingclub.co.uk alasdairsimpson2@googlemail.com **Push the Boat Out Day 13th** slipway by Albion. Try out sailing 1.30 to 3.30 pm clubhouse open after for barbecue, live music from 9pm.

CRAFTY SAILOR - open again on Bank Holiday Sun 28th. Arnside Sailing club. Sundays 10 am to 4 pm. 762634

ARNSIDE EI BADMINTON CLUB (Peter Jones 761314) Mondays 8pm – 9pm (Except Bank Holidays) Played throughout the year at the EI. For details ring above.

ARNSIDE BOWLING CLUB (S.Fishlock 015395 62258)

ARNSIDE TABLE TENNIS CLUB (Mike Whitmarsh)

761195.) EI Tue 7.30pm. Fri 2pm. 3 tables. Bats provided. Members £2. Guests £3 (includes refreshments)

ARNSIDE SNOOKER CLUB (Walter Burrow 761356) EI Wed 7pm – Open Club Night; Mon & Tue 10am – 12.00 Seniors. Competitions. £1 and 20p meter.

ARNSIDE BRIDGE CLUB (Alan Farmer 735366) EI Mon 1-1.40pm Bridge for Beginners; Mon 1.40 – 4.00 pm Chicago Bridge (no partner necessary). Tue & Fri 6.45 for 7.00pm Duplicate Bridge (partners required)

ARNSIDE JUNIOR CHESS CLUB (Matt Bridgeman 761252) Mondays 6.15 EI Kent Room Ages 8-17 years.

UKULELE CLUB (Elaine Newman 762699) Thursdays 6.30.p.m. E.I. hall. All welcome.

PILATES (Catherine Nixdorf 761811, 07899907424)

W.I. hall - Mondays 10.30 to 11.30 a.m.,

YOGA FOR ALL (Cathy Lubelska 015395 34377)

Tuesdays 10.00 – 11.00am W.I. Hall

LAMATA DANCE CLASSES (Yvonne Kelly 781980)

E.I. Tues/Wed 4.30 -7.00pm Thurs 4.30 – 8.00pm Classes for children & adults tap, ballet, modern, & Acro. £4 lesson

AGE UK LUNCH CLUBS (Christine 761566/ Janet 762559). Please phone to book. Meet 12 for 12.30pm Fri 5th – The Albion . Wed 17th – The Ship

ARNSIDE HORTICULTURAL SOCIETY - Coffee Morning Plant Sale 13th May **cancelled**. Apologies for delay re membership cards. Thanks for supporting Spring Show.

ARNSIDE ARCHIVE GROUP- (Norma Platts 01524 761238) every Wed (10am – noon) Thur (2-4pm) Margaret Matheson Room at E I. Join in researching our exhibition

ARNSIDE YOUTH PROJECT - Jude (762053)

5th Hamma beads/board games.12th Walk around Knott 19th Craft 26th Badminton/table tennis June 3rd No meeting-half term. Young people between ages of 9 & 13

ARNSIDE AND DISTRICT NATURAL HISTORY SOCIETY (Sec: Gail Armstrong 01524 701 316)

3rd – Meet Arnside WI at 9.45 or Halton Station (SD503645) at 10.45 10th Arnside WI at 10.00 or 1, Bottoms Lane, Silverdale (SD479750) at 10.15 17th Arnside WI at 10.00 or Barbondale (SD656828) at 10.45. 24th Morn at Gosling Syke Farm (NY409591) Aft Eycott Hill (NY394301)Arnside WI 9.30 or Gosling Syke Farm 11.00 31st Arnside WI at 10.00 or entrance to Scar Close NNR (SD745777) at 11.00

BOOK AT BAYTIME –Reading everything aloud, material provided- no reading to do before/after. Weekly on Wed 1 - 2.30pm Arnside E. I £3 per week (inc.refreshments) Info: 762538 or julie@readforlife.co.uk

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

MINDS IN TUNE– Eileen Walters (761720) 2.00-3.30pm, Activity/ Support group for people with memory problems/dementia, & their carers. Meet on 2nd Thurs aft from 2.00-3.30pm Arnside Meth. Ch. Choice of activities, then refreshments and finish with some singing.

ARNSIDE RAMBLERS (Sec: Marilyn Wright 760066) RAMBLERS (JB 701265)4th, Roeburndale; 9th, Round Riggindale (Stretch); 17th, High Rigg, Low Rigg; 25th Gaping Gill (Winch £15); 30th, Dove Crag & Hart Crag (S) **SCRAMBLERS (BL 762055)** 2nd Scafell 18th Fleetwith Pike & Haystacks 8.00 31st Walna Scar 8.00 **AMBLERS (RM 761686)** Leave W.I. 10am. 2nd Warton Crag 9th Austwick 16th Torver 23rd Grasmere 30th Bowland Bridge.
B AMBLERS – 4th David (762420) 16th Harry (761220)

ARNSIDE AND STORTH FIRST RESPONDERS
Co-ordinator: Pat Clifford 762065.

SIGHT ADVICE SOUTH LAKES SUPPORT GROUP. meeting at Millom Court. 15th from 10 until 11.45 am. This meeting will be an open Forum for anyone with a sight problem. (Scott Hemsley 01539 742633 (Mon – Thu). scott@sightadvice.org.uk

ARNSIDE HELPWAYS (07534 660 667) Requests for transport should be made between 9.00. and 10.00.a.m. if poss, give at least 24 hours' notice. Nominal charge made

ASH TREES SURGERY- Arnside Branch Surgery: 761311 Opening hours; 08.00 – 18.30 Audiology Clinic Drop in Clinic – 1st Fri of each month. 09.30-11.30 Listening Service 3rd Mon of each month 13.00 – 15.00 bookable appts only Memory Drop In Clinic – every Fri 13.00 – 15.00
Silverdale Branch Surgery Tel; 01524 701744 NEW Opening hours; Mon, Wed, Thurs & Fri– 08.00 – 12.00 Unless otherwise notified.

UK Days for Girls kits, distribution & women's micro enterprises in Nepal. Jenni Pizer recently returned, talk at 2pm - 23rd Arnside Methodist CH Tea & cake included. £3

STORTH COMMUNITY TRANSPORT Transport provided for Storth residents to Docs, Dentists & Hospital – cost 45p per mile. Info or to book phone 07553213383 give as much notice as possible.
HERON THEATRE, BEETHAM www.theherontheatre.com
5th – 7.30 FILM “Hunt of the Wilderpeople” 7th – 2.30 Klezmer-ish (Ensemble from RLPO) 12th & 13th - 7.30 “Our Country’s Good” - Warton Drama Group. 20th – Northern Sky – 5 piece Kendal Band

ARNSIDE METHODIST CHURCH (Rev David Stratton 761397) www.arnsidemethodistchurch.org.uk
Church now open every day 10.00am – 4.00pm
Sunday Services: Mornings:10.30am
Praise and Prayer: Fri 12th 7.00pm **MMMP Ladies Group** (Pam 761928) – all ladies welcome. 10.00am coffee 10.30am start. **Mon 8th**, ‘Desert island Discs’ Members morning. **Mon 22nd**, ‘Mary’s Meals’ open meeting – all welcome. **Busy Bees Toddler Group** Wed 1.30 – 3.00pm term times (Sue 761542)
PARISH CHURCH ST JAMES (Rev D. Cooper 761319) Every Wed (term time) 9.15 School-Church. School + adults, in church. Sun 8am Holy Communion (BCP)

10.30am Holy Communion (except 14th) Sun 14th 10.30am School-church on Sunday. Lively worship for all ages. 4.30pm Celtic Communion.

OUR LADY OF LOURDES R.C. CHURCH - Fr Philip Smith 015395 32731 Vigil Mass Saturday 5.30 pm, Arnside. Sunday 10.30am Christ the King, Milnthorpe

ARNSIDE COMMUNITY TRANSPORT – Meeting Millom Court 17th 7.00 anyone interested in forming Steering group to improve Bus service. Edgar 761132 evenings

ARNSIDE CRICKET CLUB- 11th Bingo 6.30 for 7.00 **Arnside’s 1st X1 Div 1** – 6th Burnside (A) 14th Milnthorpe (H) 20th Windermers (A) 27th Silverdale (H) 2nd fixtures: Div 3 6th Burnside (H) 14th Barrow (A) 20th Heysham (H) 28th Cartmel (H)

THRIFT - 11th - Create Fabric Necklace & Brooch £15 Arnside Independent Hostel & Study Centre, Redhills Road. 7-9.30pm Info: hellothrift@hotmail.com on Facebook @thriftcreate call Bells 07708507776 /Abi 07710424998

CHARITY SPRING FAIR - 20th Arnside W.I. 2 -4 Admission £2 (includes tea & cake) Usual stalls. Organised by Arnside Christians together.

ARNSIDE ART GROUP [Marion:01524761142] Annual Exhibition- Sat 27th to Sat June 3rd 10am to 5pm except June 3rd shut 4pm. Free Entry collect MacMNurses

STORTH & DISTRICT GARDENING ASSOCIATION - Plant Sale with Coffee & Cake refreshments on Saturday 6th May in Storth Village Hall 10.00 – 12.00 noon.

MNDA (Motor Neurone Disease Assoc) Craft Fair, Sun 21st WI Hall, Arnside Free Admission. Donna Earl 01524 781598/07979006515.

ARNSIDE CRICKET & FOOTBALL CLUB – Jim 761943 (after 6pm) **Car Boot Sale 29th** Gates open 6am. BBQ. Cars £6 Vans £10 Trade £12. Just turn up!
RNLI- Mega Stall with Books, Clothing, Bric-a-Brac & Household goods at Bank Holiday Boot Sale on **29th May.**”

THANKS – Senior Moments £413 raised for hall funds.

COFFEE MORNINGS - MILLOM COURT- Spring Coffee Morning. **Sat 6th**, 10-12. £1 entry includes coffee/tea and biscuits. Raffle and cake stall. Millom Court, Redhills Rd, Arnside, LA5 0AN

FORTHCOMING EVENTS - ROSEMERE CANCER FOUNDATION – COUNTRY FEST Sat 3rd June 7pm – 12pm. Westmoreland County Showground. Tickets £10 info@rosemere.org.uk Info. 01772522913

ARNSIDE CHORAL SOCIETY – 10th June 7.30 St James' Church. Summer Concert full of joyous music Tickets on sale from beginning of May at Posh Sardine or online

Items for June Broadsheet by 15th May. Details may be left at the Spar, Silverdale Rd. Phil Fallows, Hairdresser, Or E-mail arnsidebroadsheet@hotmail.co.uk **PLEASE be concise**, write clearly include contact details & telephone number. Broadsheet can also be viewed on the APC website. www.arnsidepc.org.uk