

ARNSIDE BROADSHEET

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ARNSIDE RNLI will be having a mega-stall at the Bank Holiday Boot Sale on **August 29th**. Bargains galore in Books, Clothing, Household goods and Bric-brac."

ARNSIDE CRICKET CLUB - 'It's only a Question of Sport Quiz' re-arranged for **Friday 5th August**. 8.00pm start. Cricket Pavilion. Bar. Light refreshments. (Richard Bagguley 761828)

ARNSIDE SAILING CLUB - Weekend Sailing Courses Arnside Sailing Club are offering weekend sailing courses on the following weekends **30/31 July, 6/7 August, 20/21 August** cost £60 see www.arnsidesailingclub.co.uk for more details

Crafty Sailor local crafts at Arnside Sailing Club, Sundays 10am - 4pm. Last opening this year **Aug. 28th** (Bank Holiday Wkend)

CAR BOOT SALE ON THE MEMORIAL FIELD

The Arnside Cricket and Football Club Car Boot Sale will be held on **Monday 29th August**. No bookings necessary, Cars £6.00, Vans £10.00. Trade by arrangement on the day or contact Jim Walton on 01524 761943

ARNSIDE HORTICULTURAL SOCIETY - Neville 761158 **Sat., 27th Aug**. ANNUAL SHOW 2.00pm, W.I. and Methodist Halls. Admission 50p. Schedules from Bulloughs and Spar. Entry forms by 10.00pm Thurs., Aug 25th to The Olives, Black Dyke Road, Arnside LA5 0HP. Sorry, no on-line entries this year

AGE UK SEATED EXERCISE CLASS New Class Tues, 9.30 - 10.30am Fri 10.00 - 11.30am Arnside Methodist Church. Ring Eileen (761720) for availability for Fri Class. **AGE UK SEATED EXERCISE CLASS** (01539 728118) Wednesdays 10.30- noon at Storth Village Hall

ARNSIDE W.I. (Booking Sec. Lindy Brough 761752) Hall/ room for hire, kitchen available. Please ring to discuss.

ARNSIDE AND ARNSIDE KNOTT W.I. (Secretary Daphne Jarvis 761606)

ARNSIDE COUNTRY MARKET (sec. Ann McCabe 015395 63326) Friday's 9.30 -11.30am. W.I.Hall. Local home made cakes, savouries bread, soup and preserves. Seasonal fruit flowers and vegetables. Plants. Local hand made crafts. Free entry. Refreshments available.

PILATES (Catherine Nixdorf 761811, 07899907424) W.I. hall - Mondays 10.30 to 11.30 a.m.,

YOGA FOR ALL (Cathy Lubelska 015395 34377) Tuesdays 10.00 - 11.00am W.I. Hall

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

ARNSIDE AFTER SCHOOL CLUB (ARNIES)

Mon-Fri 3.15. to 6.00.p.m. E.I (term time only) for children attending Reception -year 6. £7.50. session. Contact 07876306365 arnies.afterschoolclub@gmail.com
ARNSIDE TENNIS CLUB, SILVERDALE ROAD - social tennis every weekday morning from 9.30 am club sessions on Wed evenings from 6.00 pm Sun afternoons from 3.00pm. Info.Jean Mitchell, 01524 761583.

ARNSIDE PLAYGROUP Wed to Fri 9.30 -11.30.a.m (term time only) at the Studio E.I. Children 2 - 5 years old. **ARNSIDE EI BADMINTON CLUB** (Peter Jones 761314) Mondays 8pm - 9pm (Except Bank Holidays) Played throughout the year at the EI. For details ring above.

ARNSIDE BOWLING CLUB We are looking for new Members for Leagues & Friendly matches. Social Bowling normally available Tuesday afternoons, Friday Evenings, and most weekends. New Bowlers very welcome - *Do come and give it a try.*

(Secretary Sheila Fishlock 015395 62258)

ARNSIDE TABLE TENNIS CLUB (Mike Whitmarsh 761195.) EI Tue 7.30pm. Fri 2pm. 3 tables. Bats provided. Members £2. Guests £3 (includes refreshments)

ARNSIDE SNOOKER CLUB (Walter Burrow 761356) EI Wednesday 7pm - Open Club Night; Mon & Tue 10am - 12.00 Seniors. Competitions. £1 and 20p meter.

ARNSIDE BRIDGE CLUB (Alan Farmer 735366) EI Mon 1-140pm Bridge for Beginners; Mon 1.40 - 4.00 pm Chicago Bridge (no partner necessary). Tue and Fri 6.45 for 7.00pm Duplicate Bridge (partners required) **ARNSIDE JUNIOR CHESS CLUB** (Matt Bridgeman 761252) Mondays 6.15 EI Kent Room Ages 8-17 years.

ARNSIDE CRICKET CLUB- 1st X1 Westmorland Cricket fixtures for August. Sat 13th Shireshead (home)

20th Ambleside (away) 27th Silverdale (home)

Monday 29th Milnthorpe (away)

2nd X1 Sat 6th Cartmel (home) 13th Ingleton (away)

20th Heysham (home) Sun 28th Ingleton (home)

UKULELE CLUB (Elaine Newman 762699) Thursdays 6.30.p.m. E.I. hall. All welcome.

ARNSIDE STITCH IN TIME, community stitch, knit and natter group are **not** meeting in August. We assemble women's hygiene kits and knit sweaters for newborns for distribution in developing countries. Meeting in Arnside Methodist Hall on the First **Tuesday, 6 Sept 11am - 4pm**. Pop in for a short or long visit, tea, coffee & chat. And again on the third **Tuesday 20 Sept**, 2- 4pm. £1 donation. (Call Violet 745219/ Sheila 761317 for details)

SCRABBLE FOR FUN (Fiona Stevens 762371) EI Wednesdays 7pm. All standards.

LAMATA DANCE CLASSES (Yvonne Kelly 781980) E.I. Tues/Wed 4.30 -7.00pm Thurs 4.30 – 8.00pm Classes for children & adults tap, ballet, modern, & Acro. £4 per lesson

ARNSIDE AND STORTH FIRST RESPONDERS

Information: Pat Clifford on 762065

LOCAL COMMUNITY POLICING TEAM monthly drop in session every 2nd Tue of the month 11-12pm with Martin Boak. Arnside Library Link El

ARNSIDE ROYAL BRITISH LEGION – (Eric Farrar 762697) **No meeting in August.** Next branch meeting Tue 27th September at 14.30 in WI.

AGE UK LUNCH CLUBS (Christine 761566/ Janet 762559) Meet noon for 12.30 lunch **Fri 5th** The Albion **Wed 17th** – The Ship. Please phone to book

THERAPUTIC DANCE/MOVEMENT IN YOUR HOME

(Mel Brierley 760014/07745849714) Registered dance/movement educator for older people or those with long term health conditions.

ARNSIDE AND DISTRICT NATURAL HISTORY

SOCIETY Sec: Gail Armstrong 01524 701 316

Field Meetings Tues **2nd** Hedgehogs evening with Frances 'Tiggywinkle' Clements. Evening Meet at 19 Hazel Wood, Silverdale, at 1945

Wed 10th Leighton Moss/Silverdale Moss Reed bed walk with RSPB Meet at Arnside WI at 1000 or Leighton Moss car park at 1015

Thurs 18th Staff from South Lakes River Trust on the River Leven on eels. Meet at Arnside WI at 1000 or National Trust Fell Foot car park at 1040

Mon 22nd Red squirrels, flora and fauna around Formby. Meet at Arnside WI at 0930 or National Trust kiosk, Victoria Road, Formby at 1100. With Rachel Miller, LWT squirrel officer, in the morning then Phil Smith on flora and fauna in the afternoon.

ARNSIDE RAMBLERS (Sec: Marilyn Wright 760066)

RAMBLERS (Julia Bennetts 701265)

Wed 27th July: Silver Howe, **Thurs 4th Aug:** Far Sawrey, **Tues 9th Aug:** Kentmere Pike (strenuous), **Wed 17th Aug:** Middleton Fell, **Thurs 25th Aug:** Lowther and Askham, **Tues 30th Aug:** Helvellyn (strenuous)

SCRAMBLERS (Brian Leslie 762055) **Wed Aug 10th**

Angle Tarn Pikes, **Tues Aug 23rd** Dow Crag and Coniston Old Man

AMBLERS (Mike & Ann Simpson 762054) **Tues 2nd Aug** Sedbergh Circular, **Tues 9th Aug** Scorton, **Tues 16th Aug** Burton in Kendal, **Tues 23rd Aug** Orton Scar V

B AMBLERS – 4th - Margaret 762209

16th - Barbara 298069

ARNSIDE SIGHT ADVICE SOUTH LAKES SUPPORT GROUP (Scott Hemsley 01539 742633 Mon – Thurs)

meeting at Millom Court on Mon **Aug 15th** from 10 until 11.45 am. scott@sightadvice.org.uk

ARNSIDE HELPWAYS (07534 660 667)

Requests for transport should be made between 9.00. and 10.00.a.m. if poss, giving at least 24 hours' notice. A nominal charge is made to cover car expenses

ROTARY CLUB – Helen 761432

Unwanted mobility/surgical aids can be collected by Rotary Club sent to Africa/3rd world countries.

STORTH COMMUNITY TRANSPORT Transport provided for Storth residents to Doctors, Dentists & Hospital – cost 45p per mile. Info or to book phone 07553213383 give as much notice as possible.

HERON THEATRE, BEETHAM www.theherontheatre.com
Fri 5th August – 7.30pm FILM – “X + Y” [12A]

HERON CORN MILL

Mill Tour and Milling Demonstration

Friday 5th August 11.30am – 12.30pm

This month's mill tour and milling demonstration is just around the corner, taking place on **Friday 5th August at 11.30am.** Join Stuart and the team for a tour to learn all about the historic Heron Corn Mill, watch as he mills our artisan flours aided by his trusty volunteers. As always, fresh rye, spelt and wholemeal flour will be available for purchase, and there's a free tea, coffee, juice or soft drink with every adult ticket purchased. Places can be booked by emailing info@heronmill.org or by calling 01539 564271, though booking isn't vital.

ARNSIDE METHODIST CHURCH (Rev David Stratton 761397) www.arnsidemethodistchurch.org.uk Sunday Services: mornings 10.30am; evening service Sun 23rd 6.30pm. **MMMP Ladies Group** closed August, restarts **Mon 12th September.**

BUSY BEES TODDLER GROUP (Sue 761542) closed August.

ST JAMES PARISH CHURCH Sundays: Holy Communion (BCP) 8am Holy Communion 10.30am

OUR LADY OF LOURDES R.C. CHURCH Msr Slattery 015395 62326

FORTHCOMING EVENTS

SAVE THE DATE 10th September 2016 afternoon at Arnside Educational Institute. Further details to follow in September's broadsheet!!

THANKS

ARNSIDE RNLI recently raised £385-59 with a bucket collection at Booths in Kendal. Thanks to all who contributed and to Booths."

Items for September Broadsheet by 15th August

Details may be left at the Spar, Silverdale Rd. Phil Fallows, Hairdresser, Or E-mail arnsidebroadsheet@hotmail.co.uk

PLEASE be concise, write clearly include contact details & telephone number. Broadsheet can also be viewed on the APC website. www.arnsidepc.org.uk